

Salads

Kit's Chinese Style Cauliflower Salad

Preparation time: 15 minutes Serves 8 VEGAN

- 1 head cauliflower, chopped in small pieces
- 1 scallion, chopped
- 4 tablespoon ginger, fresh, grated
- 4 cloves garlic, minced
- 1 tomato cut into small pieces

Dressing

- 1 tablespoon sugar
- 1 tablespoon soy sauce, lite
- 1 tablespoon lemon

Lightly sauté first 4 ingredients for 2-3 minutes but do not overcook, add tomato and remain ingredients. Cook over a medium heat for 1 more minute or until vegetables are l'dente, cooked but firm. Serve hot or cold! This is a sure crowd pleaser.